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## Is This Really My Life?

Have you ever wondered who stole your wildly cool, sane and laugh-a-minute life and left you with the crazy, unbalanced and decidedly not-so-cool life of a frazzled working mom in its place?

Yea, we have too.

Pretty much every day, actually.

**But...the good news** is we (and by we, we mean all of us working moms) are pretty good at getting the real lesson out of even the most unproductive, disorganized, previously-unimaginable, “Calgon-take-me-away” kind of days.

*Here are some recent examples of some “Is-This-Really-My-Life” moments we’ve had and the accompanying lesson we will always carry from said moments:*

**1. Just because you consider yourself accomplished, talented and rational, doesn’t mean you are, should be or have to be the world’s most flawless hostess.**

**Lesson Learned:** Let go of your Norman Rockwell/Martha Stewart vision of the perfect, isn’t-she-a-wonderful-hostess event. People won’t love you more if you serve and host them after a long day or week at work. Make the preparations – and your life -- easy so you can enjoy the guests – and the ride.

**2. When your child tells you he/she is going to throw-up right now, he/she means it.**

**Lesson Learned:** A throw-up warning (or anything remotely resembling one) is not the time for your “boy who cried wolf” skepticism. Listen to him/her and act accordingly: Immediately scoop up kid and run to bathroom, or at the very least, off of the carpeting, off of the bed...and if need be, definitely out of the car!

**3. You know how before you pounded the pavement in search of your first job, you thought you were the greatest thing (maybe even better) since shoulder pads and control-top pantyhose?**

**Lesson Learned:** People in glass houses, walking a mile in someone’s shoes, judge not – you know the drill. Rejection stinks and so do overblown egos. Healthy self-confidence is good. Positive thinking is good, too. Unrealistic childhood fantasies – not so much.

**4. You’re prepped and ready to go for that important deal-maker conference call – and then your child’s school calls to say your adorable child has lice...and that you absolutely, positively have to pick up “the infected carrier” immediately.**

**Lesson Learned:** Life is good at throwing curveballs and even the best of us have to catch them and run. Unless your child is in danger of hurting him/herself (or anyone else), you can still make that call. Hide out somewhere in your home, putting plenty of distance and drywall between you and your pint-sized loved one who insists on screaming “Mom!” every five seconds. Call made. Deal done. Good job!